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EU could back off on new fuel proposal

OILSANDS The European Union may be backtracking on a proposed fuel policy that would have discriminated against Alberta's oilsands.

Last fall, the 27-country economic bloc released draft guidelines that distinguished between fuel derived from the oilsands and from conventional sources as part of its efforts to fight climate change.

But environmentalists who have seen the most recent draft of those guidelines say that distinction is now gone.

THE CANADIAN PRESS

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Neighbourhood pg 10

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Turin Stretch for the top

PAUL CHIASSON/THE CANADIAN PRESS

Canada's Anabelle Langlois and Edmonton's own Cody Hay perform their free program in the pairs competition at the World Figure Skating Championships in Turin, Italy, yesterday. For more on the championships, see page 8.

Sci-fi made real?

U of A scientist heads high-stakes physics experiment

ANDREW COWIE
for Metro Edmonton

A state of the art experiment led by a University of Alberta scientist is examining the very concepts of physics.

The team, led by James L. Pinfold, a U of A physics professor, is using the Large Hadron Collider to open up new ways to look at physics outside of the current scientific model.

The experiment, called the Monopole and Exotics Detector at the Large Hadron Collider, could possibly to lead to real applications to ideas thought only to be science fiction.

> **"We're a David amongst a bunch of Goliaths."**
> James L. Pinfold, U of A physics prof

"You could make magnetic levitation devices," said Pinfold. "Though the development will come over hundreds of years."

One of the main goals is to discover magnetic monopoles, which is a magnet particle with only one pole.

"The big mystery in physics is not if there (are) monopoles, but where are they," said Pinfold.

The project costs sit at around $1 million, which is miniscule compared to the normal LHC experiment cost of $400 million.

"We're a David amongst a bunch of goliaths," said Pinfold. "The implications of the experiments are huge.

"If we discovered the magnetic monopole, it would be at least as important as the other experiments."

Pinfold realized that it is not always easy translating the data of scientific study to a general level of public understanding of what they were doing.

"We're voyaging to places that can't be seen or even imagined," said Pinfold.

"That's why we need simulations and visualizations ... they're the only way you can connect."

Locals de-stress at city hall yoga session

ACTIVITY Morning stress melted away yesterday as would-be yogis stretched and breathed their way to relaxation in the city hall atrium.

Active Edmonton's free yoga session over the noon hour attracted more than 20 participants and collected some much-needed food for the Edmonton Food Bank.

"Everyone is an athlete in the sport of life," said Dot Laing, Active Edmonton's program co-ordinator. "You're in training for life."

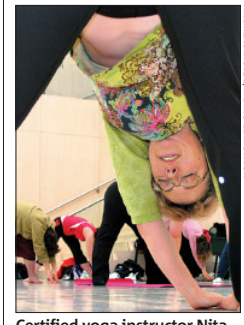
Active Edmonton is striving to make Edmonton the most active city in Canada.

They hold active events throughout the year and are a resource for health and fitness.

Laing decided to take advantage of a captive audience downtown yesterday to host the noon-hour yoga session. "It's just to give people an opportunity to try on physical activity at noon in a no sweat kind of way," Laing said.

She said she chose yoga because it's a great way to move the body and stretch causing stress reduction.

ANDREAS MORSE/METRO EDMONTON



ANDREAS MORSE/METRO EDMONTON

Certified yoga instructor Nita Jalkanen gets the crowd loosened up yesterday at city hall.

TAX TIP #15
You might be eligible for a tax credit for your transit pass
You may be eligible to claim a special tax credit for transit passes purchased in 2009 on this year's return.
This tax tip brought to you by Alberta's Chartered Accountants.
To see all 58 useful tax tips please visit:
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CA Chartered Accountants of Alberta
The Institute of Chartered Accountants of Alberta provides tax tips on an annual basis as a public service. The tips are intended to be used as general guidance. For specific advice about filing your 2009 tax return, please consult with the Canada Revenue Agency or your personal tax professional.

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SCANLIFE

Local

Mir making promotional appearance

MMA superstar Frank Mir is coming to Edmonton only weeks after his anticipated heavyweight title fight for UFC 111. Mir will be appearing at Reflex Nutrition (9170-23 Ave.) on April 10 between 11 a.m. and 4 p.m. to help promote Nutrabolic products. METRO EDMONTON

News in brief

DEATH One man is dead after a house fire in Chipman early Sunday morning. The fire was reported to Fort Saskatchewan RCMP around 9:30 a.m. March 21. When police arrived they found the man unresponsive inside the residence. He was later declared dead. No one else was located on the premise. Cause of death is undetermined and the identity of the male is being withheld.

METRO EDMONTON

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NewsTweets

@mcmanus17 #yeg #fail #steam to the loser who keeps trying to use my credit card to buy video games you shouldn't have provided your real address.

@theflashjam LIVE in Cold Lake on Saturday with @wearestereos and @CrashKarma and Sunday we are at On The Rocks in Edmonton! #yeg

@1hundo_foosh Honestly #yeg its not like our first snow fall of the year... Why is there soo much traffic?!?!

metronews.ca

What's online today.

Video N.B. and Quebec pull plug on power deal, with N.B. premier saying the Quebec utility sought changes that no longer made it worthwhile, at **metronews.ca/canada**

Lotteries

Lotto 6/49: 5, 19, 27, 32, 44 & 46. Bonus 25

These results are not official.

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Restaurateurs on air in Berlin

Quons hoping for buyers after chronicles screened in Germany

ANDREAS MORSE
amorse@metronews.ca

First they took Edmonton, now the Quons are hoping to take Berlin.

Family Restaurant: The Quons chronicles the hilarious behind-the-scenes trials and tribulations of Edmonton's Quon family, owners of The Lingnan restaurant downtown.

The series was selected for inclusion in the Just Watch Me! Berlin screening room taking place in Germany.

"I'm really excited about being on in Germany," said manager Miles Quon. "I think Germans really like me. At least I hope so, I love Germans."

Family Restaurant: The Quons aired originally in February 2009. The series was selected for inclusion in the German television sales event from over 90 submissions and a promotional trailer was screened in front of select buyers and distributors from German television networks.

"It will be interesting to see if German broadcasters are interested in purchasing the show," said Helen Schmidt, executive producer with Anaïd Productions. "It's been sold in numerous territories all over the world. Hopefully they'll find the family very entertaining."

The Lingnan restaurant has been open in its current location since 1962 and the Quons and Anaïd Productions are contemplating shooting a second season.

"We're interested as long as people are still interested in seeing us," Quon said. "But I don't want us to be recycling old stuff. I just want to make sure we're still relevant."

The screening in Berlin has taken place, now the Quons are waiting to find out if German broadcasters are interested in buying their show.

In the meantime, Lingnan will be shutting down for a month starting March 29 for renovations.

ANDREAS MORSE/METRO EDMONTON

Miles Quon is hoping to introduce his family restaurant to fans in Germany.

Hunger contest deadline March 31

SUBMISSIONS Less than a week remains for Expressions of Hunger contest submissions. Edmonton's Food Bank is encouraging writers and photographers to examine the issues surrounding hunger over the seven days, as its Expressions of Hunger contest deadline is March 31.

Expressions of Hunger is a photo, poetry and short prose contest that focuses on five elements of hunger — physical, emotional, mental, spiritual and environmental.

Three winners in each of the five categories will be showcased at city hall from June 1-4 and at the Nina Haggerty Centre of the Arts from June 25-July 7.

Interested participants can visit www.edmontonfoodbank.com

METRO EDMONTON

Past director of non-profit gets 18 months for stealing

COURT A former executive director of the Northeast Capital Industrial Association (NCIA) has been sentenced to 18 months in jail for stealing just over $315,000 from the non-profit organization.

David Gordon Onuczko held the position for seven years between 2001 and 2008. During his term, Onuczko was authorized by the NCIA board of directors for single signing of cheques up to $10,000.

In November 2009, Onuczko pleaded guilty to one count of fraud over $5,000 and one count of theft over $5,000. The theft charge was conditionally stayed.

METRO EDMONTON

Citadel announces new season, training centre

THEATRE The schedule for the new season of Citadel Theatre is out and it comes with a blend of fresh new plays coupled with timeless classics.

The 2010-2011 season will feature 11 different plays, including classics such as Hunchback, adapted from the Victor Hugo novel, and the Three Musketeers, both of which will be having their world première at the Citadel.

Other notable additions include the Christmas Carol, Tom Woods' adaptation of the renowned Charles Dickens novel, now in its 11th season, and True Love Lies by local playwright Brad Fraser.

Alongside the announcement of the new season, the Citadel Theatre is introducing The Robbins Academy at The Citadel. The programs and activities offered will help train and develop professional artists to a higher level while preparing younger adults for a career in the arts.

ANDREW COWIE/ FOR METRO EDMONTON

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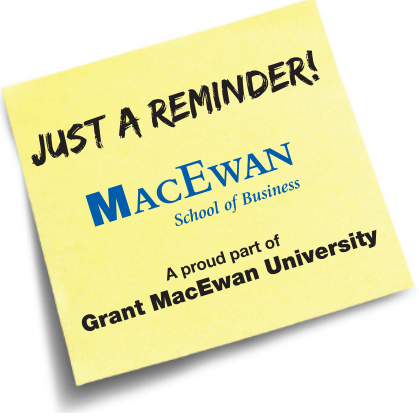

Business Information Sessions:

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Executive Leadership in the Non-profit Sector
Thursday, March 25, 5:30 pm, Rm 5-242
City Centre Campus, 10700 - 104 Avenue

Accounting programs - Certificate, Diploma and Applied Degree
Thursday, March 25, 5:00 pm, Rm 321
South Campus, 7319 - 29 Avenue

Insurance and Risk Management
Tuesday, March 30, 6 pm, Rm 5-161
City Centre Campus, 10700 - 104 Avenue

Professional Golf Management
Wednesday, March 31, 5:30 pm, Rm 228
South Campus, 7319 - 29 Avenue

For more details on the above sessions or for more information on all your MacEwan business options, check **www.MacEwan.ca/business**

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Comment

Read between the lines

Relating

Sofi Papamarko

metronews.ca/papamarko

In the era of social media, online dating has shed its shameful image. "We met over the Internet" is a phrase no longer greeted with pity or whispered warnings. Lavalife is the new community singles dance. Christian Mingle is the new church picnic. J-date is the new pushy Bubbe.

Of course, it's wise to proceed with caution. You can discover a lot about someone from their dating profile — more than you might think. Here's how to read between their lines:

He writes: I like hiking, cycling, tennis, hockey, etc. I'm looking for someone who can keep up with my active lifestyle.

Translation: No fatties.

He writes: I really respect strong women and would love to find a successful, independent female to share my life.

Translation: I'm unemployed and you're picking up the tab. Forever.

She writes: I've had my heart broken many times in the past, so I'm looking for something real. Players need not apply!!!!!!!!!!!!

Translation: Historically, I have a habit of selecting wildly inappropriate romantic partners and will continue to do so because that is how I roll. If you are a kind, sincere gentleman who cares about me and wishes to settle down, I will wonder what is wrong with you, complain to my friends that you are too needy and stop returning your calls.

He writes: I prefer the simpler things in life.

Translation: I live in a basement, sleep on my ex-girlfriend's discarded futon and opt for meals that can be prepared using only a can opener and a microwave.

She writes: Well, what can I say? I'm a nice person. I like shopping and chilling with my friends. If u like what u see, let's meet for a coffee and take it from there.

Translation: I have nothing relevant or interesting to say on any subject and am passionate about nothing. Hope you like awkward silence!

He writes: I'm very much in touch with my feminine side.

Translation: I will try on your underwear when you are at work.

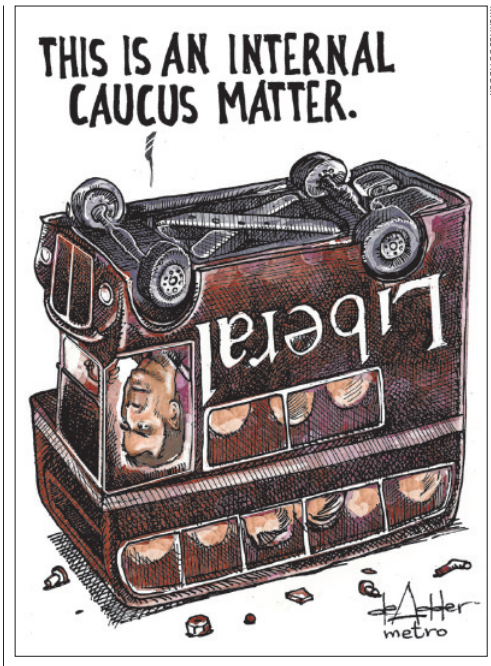
They write: My friends think I'm funny.

Translation: I've watched that YouTube video of the monkey picking his bum, smelling his finger and falling off the tree like a million times!

She writes: I wuvs my kitty-cat! LOL! Her name is Tiddlywinks and she is mummy's precious widdle baby angel, yes she is!

Translation: Run! Good luck out there.

Sofi Papamarko is a 20-something writer based in Toronto. Her heroes include Desmond Morris and Nancy Sinatra.



MICHAEL DE ADDER

Worth mentioning

DNA analysis may indicate new member of family tree

In the latest use of DNA to investigate the story of humankind, scientists have decoded genetic material from an unidentified human ancestor that lived in Siberia and concluded it might be a new member of the human family tree.

The DNA doesn't match modern humans or Neanderthals, two species that lived in that area around the same time — 30,000 to 50,000 years ago.

Instead, it suggests the Siberian species lineage split off from the branch leading to moderns and Neanderthals a million years ago, the researchers calculated. And they said that doesn't seem to match the history of human ancestors previously known from fossils.

So the Siberian species may be brand new, although the scientists cautioned they're not ready to make that claim yet.

Other experts agreed that while the Siberian species may be new, the case is far from proven.

"We really don't know," said Ian Tattersall of the American Museum of Natural History in New York, who wasn't involved in the new research.

But "the human family tree has got a lot of branchings. It's entirely plausible there are a lot of branches out there we don't know about."

The discovery "is like many new finds," said Eric Delson of Lehman College of the City University of New York, who didn't participate in the new work. "You say, 'I think this is different, but I'm not sure.' And then you look for more material and you try to make better comparisons."

THE ASSOCIATED PRESS

Skepticism

- The researchers, who say the Siberian species is not a direct ancestor of modern-day people, hope further genetic analysis will show if it's a new species. Some experts are skeptical about whether such analysis will resolve that.

Views

Girls and their guitars an inspiring sight

FourthWave

Canice Leung

metronews.ca/fourthwave

When I started going to punk shows as a teen, there were just a handful of girls in a male-dominated scene. It was apparent there were two options for girls who wanted to fit in: Exploit your sexuality, or be one of the boys.

When I saw The Runaways this past week, it was déjà vu. The new movie, about the late-1970s all-girl rock band, is advertised as a biopic about "the first girls to rock."

The two protagonists, guitarist Joan Jett and singer Cherie Currie, aim for those two tactics: Sex or toughness. Currie, known for her corsets and fishnets, chose the former; Jett, in black and leather, chose the latter.

The idea of an all-girl band was received poorly: Jett's guitar teacher tries to teach her On Top Of Old Smokey, and declares that girls play acoustic — not electric — guitars. At early shows, they were pelted with garbage; one detractor sneered, "guys don't like girls who are tough. Guys like girls who are soft and flirty."

Yes, once upon a time, people were THAT offended by female musicians — thankfully, that contempt doesn't exist anymore, but the idea of female rebellion still does.

Consider Currie was just 15 when she joined the band. On stage, she strutted with a microphone cord snaked around her fishnetted leg. Shocking! But rock 'n' roll is built on sexuality, and so much of growing up is about taking control of one's own body.

In one scene, the band's manager howled: "Rock is a blood sport — it's for men. This isn't about women's lib, it's about women's libido." In recent interviews, Jett said her "parents always told me I could do anything I wanted." Of her image, "I think it's important that you're able to own it. And women owning their sexuality is threatening."

Rock music has a transformative effect — for misfits such as these girls, it's an escape; it connects you with likeminded people, ideas, politics. It was for me, and I'd guess it was for The Runaways, too. All you can do is throw yourself into the rough and tumble and hope you come out the other side.

Canice Leung is a former editor of Ryerson University feminist magazine McClung's, copy editor at Metro, ardent feminist and loudmouth.

Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Sweat Lodge guru turns to web

The self-help guru charged with manslaughter for the deaths of three people in a sweat lodge is taking his motivational messages to the Internet. In a video posted online, James Arthur Ray, right, says he's unable to produce live events but still has a deep desire and passion to help people in any way he can. THE ASSOCIATED PRESS

Canada/World

Defeat hurts, so Iggy eyes his MPs

POLITICS Disappointed by an embarrassing defeat in the Commons on Tuesday night, Liberal Leader Michael Ignatieff is now pondering whether to punish his own MPs.

Some refused to vote with the party on a matter of family planning and abortion.

Ignatieff denies his leadership is in peril.

"I don't think my troops are shooting at me," he said yesterday.

But he did admit Tuesday's vote did not turn out the way he planned.

The Liberals created the problem for themselves by forcing a vote in the Commons on support for family-planning projects in Canadian aid abroad. TORSTAR NEWS SERVICE

Quebec to women: Show faces

Muslim women will need to uncover their faces from now on if they want to deal with the Quebec government, according to landmark legislation tabled yesterday in the province.

In tabling the controversial bill, Quebec has delved into sensitive territory where governments in Canada have largely avoided treading.

The bill says people obtaining — or delivering — services at places like the health- or auto-insurance boards will need to do so with their faces in plain view.

It says people's face-coverings will not be tolerated if they hinder communication or visual identification.

Premier Jean Charest told a news conference the province was drawing a line in the sand in defence of two principles: Gender equality and secular public institutions.

"This is a symbol of affirmation and respect — first of all, for ourselves, and also for those to whom we open our arms," Charest said.

"This is not about making our home less welcoming, but about stressing the values that unite us."

THE CANADIAN PRESS

Should Robert Pickton be granted a new trial because of an alleged judicial error?
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France **No 'corporate' sex**

FRANCOIS MORI/THE ASSOCIATED PRESS

French sex workers march in Paris yesterday, protesting a lawmaker's proposal to legalize brothels in France which they say means they would be working for a "company." They want the repeal of a 2003 law penalizing solicitation, which they say prevents them from working independently in the open.

News in brief

BAY OF BENGAL For nearly 30 years, India and Bangladesh have argued over control of a tiny rock island in the Bay of Bengal. Now rising sea levels have resolved the dispute for them:The island's gone. New Moore Island in the Sunderbans has been completely submerged, said oceanographer Sugata Hazra.

THE ASSOCIATED PRESS

Pope under microscope again

VATICAN Pope Benedict XVI accepted the resignation of an Irish bishop yesterday for his failure to report child-molesting priests to police — and faced a renewed reminder of the German abuse case most closely linked to his own time in charge of Munich.

Benedict has yet to say anything about his handling of the Rev. Peter Hullermann, the case known to have developed on the pope's watch when, as Cardinal Joseph Ratzinger, he oversaw the Munich Archdiocese from 1977 to 1982. Munich Archdiocese spokesman Bernhard Kellner said yesterday a new person has come forward claiming to have been abused in 1998.

THE ASSOCIATED PRESS

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South Korean tycoon returns to Samsung

Lee Kun-hee, South Korea's richest tycoon, has returned as chairman of Samsung Electronics, filling the void left atop the world's second-largest chipmaker after criminal charges of tax evasion led him to resign. METRO NEWS SERVICES

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Business in brief

EMPLOYMENT Statistics Canada reports 698,800 people received regular Employment Insurance benefits in January, down 47,700 from December. It was their fourth straight monthly decline.

REALTORS The Canadian Real Estate Association says it has not received any offers from the Competition Bureau to settle allegations of anti-competitive behaviour and has no plans to take Canada's federal competition watchdog to court. THE CANADIAN PRESS

The rising loonie has more Canadians making vacation plans

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Mobile banking up

ING Direct latest to launch full-featured app

Mobile banking is finally gaining steam in Canada, long after U.S. consumers started paying bills on their BlackBerrys and iPhones, but some analysts wonder whether Canadians will rush to embrace banking apps.

ING Direct is the latest Canadian financial institution to launch a full-featured mobile banking app that allows customers to transfer funds, check account balances and transactions, and search for the nearest ABM on a BlackBerry or iPhone.

Last month, CIBC released an iPhone app that allows money transfers and bill payments. Scotiabank's BlackBerry and iPhone apps only allow users to find their nearest branch or ABM, while RBC and TD Bank don't have an app but have optimized websites for banking on mobile phones.

In a report released last month, Forrester Research suggested Canadians are very happy with online banking and aren't really all that interested in going mobile. In a survey of nearly 6,000 Canadians, the most popular responses to why users hadn't enrolled in mobile banking were: "I don't see the point," "I get everything I need from online banking," and "my banking needs are not that urgent that I can't wait to access my accounts through the phone, ATM, or the web."

The Canadian market for mobile banking is still relatively small but it will grow and it makes sense for banks to go after the early adopters, said IDC Canada analyst Robert Burbach. THE CANADIAN PRESS

Carney issues rates warning

INTEREST Bank of Canada governor Mark Carney gave his most explicit warning to date that higher interest rates are coming, and perhaps sooner and higher than previously thought.

The bank governor has always maintained that his promise to keep interest rates at historic lows was contingent on inflation remaining tame, but yesterday issued a clear alarm that he is worried about prices. And in a speech before the Ottawa Economic Association, he underlined just how qualified his commitment to keeping the policy rate at 0.25 until at least July has become. THE CANADIAN PRESS

Starbucks Brewing confidence

ELAINE THOMPSON/THE ASSOCIATED PRESS

Starbucks CEO Howard Schultz addresses the company's annual shareholders meeting yesterday in Seattle. Starbucks Corp. will begin paying a 10-cents-per-share dividend to investors, Schultz said, signalling confidence the firm's ambitious turnaround effort has taken hold.

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Hendrick ranked as NASCAR's most valuable team

Forbes' annual rankings show that Hendrick Motorsports is the most valuable team in NASCAR for the second consecutive year. Forbes' report released yesterday shows NASCAR's top team is worth $350 million US. THE ASSOCIATED PRESS

Sports

Gooden charged after crash

Former Major League Baseball star Dwight Gooden, left, has been charged with driving under the influence of drugs and leaving the scene of an accident. The former pitcher for the New York Mets and New York Yankees had a child in his vehicle at the time of the two-vehicle crash around 9 a.m. Tuesday, police said. Police wouldn't say whose child it was, but they said no one was hurt. THE ASSOCIATED PRESS

EDITOR: DON.MCHOULL@METRONEWS.CA

PAUL CHIASSON/THE CANADIAN PRESS

Canada's Patrick Chan smiles as the marks are posted for his short program in the men's competition yesterday at the World Figure Skating Championships in Turin, Italy.

Chan soars into second

Patrick Chan's wide smile was back, and so was the wonderfully familiar sense of lightness in his skating that had abandoned him so abruptly in Vancouver.

With the weight of the pressure of the Olympics off his shoulders, the Canadian finds himself in the hunt for his second consecutive medal at the world figure skating championships, finishing second in the short program yesterday with the best skate of his season.

"I kind of got into that zone and got into that flow of just enjoying myself and being in the moment and taking each element at a time and taking my time doing each one," Chan said. "I think Vancouver just helps you on all levels of confidence and elements and everything. It was finally good to be at worlds and really enjoy it instead of being nervous about everything that surrounds it.

"I felt great on the warmup and really was relaxed off the ice, and wasn't nervous, and then I went out and it all went by really fast so I think that's a good sign."

The 19-year-old from Toronto scored 87.80 points for his performance to Tango de los Exilodos, more than six points higher than he scored a month ago in Vancouver, where he bobbled his triple Axel, stumbled on his step sequence and then stepped off the ice at a jam-packed Pacific Coliseum with a look of utter bewilderment. Chan went on to finish fifth in his Olympic debut.

In a half-empty Palavela arena yesterday Chan was the picture of composure, nailing all his jumps and executing his spins and step sequences with poise and precision.

THE CANADIAN PRESS

Pairs results

- Canadian teammates Jessica Dube and Bryce Davison finished sixth in the pairs.
- Olympic silver medallists Pang Qing and Tong Jian of China won the gold with 211.39 points, while Germany's Aliona Savchenko and Robin Szolkowy, third in Vancouver, won silver with 204.74.
- Anabelle Langlois of Hull, Que., and Cody Hay of Edmonton moved up from 12th to finish 10th overall.

SCOREBOARD

NHL

YESTERDAY'S RESULTS

Vancouver 4 Anaheim 1
Buffalo 3 Montreal 2 (SO)
Colorado 4 Los Angeles 3 (SO)
Detroit 4 St. Louis 2
N.Y. Rangers 5 N.Y. Islanders 0
Washington 4 Pittsburgh 3 (SO)

TODAY'S GAMES

Tampa Bay at Boston, 5 p.m.
N.Y. Rangers at New Jersey, 5 p.m.
Calgary at N.Y. Islanders, 5 p.m.
Minnesota at Philadelphia, 5 p.m.
Washington at Carolina, 5 p.m.
Toronto at Atlanta, 5 p.m.
Chicago at Columbus, 5 p.m.
Florida at Montreal, 5:30 p.m.
Los Angeles at St. Louis, 6 p.m.
Phoenix at Nashville, 6 p.m.
Dallas at San Jose, 8:30 p.m.

NBA

YESTERDAY'S RESULTS

Utah 113 Toronto 87
Atlanta 86 Orlando 84
Boston 113 Denver 99
Charlotte 108 Minnesota 95
Cleveland 105 New Orleans 92
Indiana 99 Washington 82
L.A. Lakers 92 San Antonio 83
New Jersey 93 Sacramento 79
Oklahoma City 122 Houston 104
Philadelphia 101 Milwaukee 86
Memphis at Golden State

TODAY'S GAMES

Miami at Chicago, 6 p.m.
L.A. Clippers at Houston, 6:30 p.m.
Dallas at Portland, 8:30 p.m.

For more scores, visit metronews.ca/sports

Sports in brief

FOOTBALL NFL players should be safer during games thanks to several rules changes passed at the league meetings yesterday. They also might be playing longer in regular-season overtimes. The NFL passed rules to further protect defenceless players, including ball carriers who lose their helmet during a play.

CURLING Canada's Jennifer Jones suffered the first blemish on her record at the women's world curling championship yesterday with an 8-7 loss in an extra end to Germany's Andrea Schopp.

COLLEGE BASKETBALL Syracuse centre Arinze Onuaku will not play tonight against Butler in the West Regional semifinal. Orange coach Jim Boeheim said the six-foot-nine centre is doing better but will not be available for the Butler game.

NBA The Denver Nuggets might not have coach George Karl back on the sideline until the playoffs begin next month. Karl is undergoing treatment for throat and neck cancer and, according to a blog by his girlfriend, he was hospitalized this week with blood clots in his lungs and a leg.

BASEBALL Major League Baseball made a minor change to its post-season schedule yesterday, eliminating an off-day in the middle of the league championship series and adding one before the World Series. The change was the first made at the recommendation of the special committee for on-field matters appointed in December by commissioner Bud Selig.

BASEBALL The Tampa Bay Rays beat the Toronto Blue Jays 5-3 yesterday behind two solo home runs by Jason Bartlett and another solid pitching performance by Jeff Niemann.

METRO NEWS SERVICES

Woods will face press

GOLF Tiger Woods will speak before he plays in the Masters.

Woods is scheduled to hold his first press conference in nearly five months at 2 p.m. on Monday, April 5, according to a tentative interview schedule that Augusta National released yesterday.

It will be his first press conference in nearly five months, and his first time facing a room full of reporters since he crashed his SUV into a tree on Nov. 27, setting off shocking revelations of rampant infidelity.

The Masters only recently began conducting a press conference on Monday of tournament week, usually a player with only moderate news interest because most of the media isn't there yet.

Woods is the only player scheduled for an interview that day. Given the sensational nature of his downfall, what he says could trump the NCAA basketball championship game held later that night. THE ASSOCIATED PRESS

Players back rule on head hits

NHL The five players who sit on the NHL's competition committee are in favour of a new rule outlawing blindsided hits to the head.

Brian Campbell, Jeff Halpern, Ryan Miller, Mathieu Schneider and Jason Spezza gave their endorsement yesterday after reviewing a league proposal that gives Colin Campbell the power to hand out supplementary discipline for head hits on unsuspecting players.

"We have deliberated and endorsed to the NHLPA executive board the league's proposal to implement supplemental discipline this season for blindside hits to the head," the players said in a statement released by the union. "Our executive board will vote on this recommendation and we will respond back to the league with a decision in the next 24-48 hours."

THE CANADIAN PRESS

Style

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

Celeb arm candy

Designer's whimsical bags a Hollywood hit

JANINE FALCON
for Metro Canada

"It always, I think, starts for me with a pretty idea, and then we work backwards, how do we make this practical," confesses handbag designer Rebecca Minkoff in an interview with Metro.

"Sometimes honestly, I'll admit, I'm not the most practical."

We're talking about her first bag, the Morning After, her signature, designed at the request of friend Jenna Elfman, and the one that launched Minkoff as a handbag designer of celebrity note. Still the best-seller, and one of an assortment now available at Holt Renfrew, it's actually her most practical, with several tidy pockets, room for sleepover essentials, and a style esthetically appropriate for office and out-of-office hours.

As an example of her design whimsy when she'd first created the Morning After, she points out the shiny D-rings she'd added only as details to the sides just because she liked the shape. "I had stores calling saying 'you shipped it without the shoulder strap,'" she recalls. There was no strap because Minkoff doesn't like the look of one with the bag, but she had to concede. "It became 'if you want this bag to sell, it needs to have a shoulder strap.'"

Minkoff's work adorns the arms of the pretty-and-famous such as Rachel McAdams, Hilary Duff and Sarah Jessica Parker and many, many more. She's had no formal training in bag design; it all began with sewing when she was eight. At 13 she made her bat mitzvah dress, and prom and graduation dresses followed.

Her label debuted with clothing in 2001 and has expanded to include her oft-photographed bag collection as well as bracelets and wallets, and an intense schedule of merchandise deliveries that includes several retailer exclusives.

Designer Rebecca Minkoff, left, with actress Jenna Elfman, who was the inspiration behind Minkoff's popular Morning After Bag.

"Almost every store is asking for an exclusive, even Saks, as a way of getting people in the door," she explains. "If you're carried in all these places, the only way to do it is to cater to each store. So now I have exclusives with every store."

Her material of choice is Italian leather for its "magic," but an eye-catching blue — another signature — Ethiopian tie-dyed-by-hand leather has found its way into her summer 2010 collection. So has microfibre, in response to customer requests for something at a lower price point. "I was able to create the look of a faux python that looks real, but it's fabric, and brought the price down almost $150 to $200 at retail. I think my customers really appreciated that," she says.

Inspiration comes from a variety of sources: vintage bags, flea markets, and old photos. Several in her current collection sprang from the details in motorcycle jackets, such as metal pyramid studs and bold zippers. "That led me to motorcycles and the bags that people have on motorcycles, that are attached to them," she says. "There's a whole group that's coming up later that came from that."

Alexander Wang and Balenciaga are the two designers she names when asked which by-others bags she admires. "I don't wear any of them," she admits. "But I'm always like 'MAN, they did it AGAIN!'"

Linear Stud Rocker in ivory and black, $350 each

Mini Rikki in turquoise, $585

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Century Park LRT Station coming in April
The station is located just north of 23 Avenue next to the old Heritage Mall site. METRO NEWS SERVICES

Your Neighbourhood:
Terwillegar

Grow a family in growing Terwillegar

CODIE McLACHLAN
for Metro Edmonton

Terwillegar is a growing community in Edmonton's southwest that is linked to the rest of the city by two freeways.

The neighbourhood encompasses several smaller divisions and developments: Haddow, Hodgson, Leger, Magrath Heights, MacTaggart, Terwillegar Towne and Terwillegar South. It is bound on the west by Anthony Henday Drive, east by 142 Street, north by the Whitemud and the area south of 23 Avenue.

"We're probably made up of predominantly young families," says Ann Kuehn, president of the Terwillegar Community League. "It's fairly common that people either have children or dogs."

"We really do have a high density of small, elementary-aged children," Kuehn adds.

According to the 2009 municipal census, single-family housing is the most popular choice among residents within Terwillegar's neighbourhoods, making up for approximately 67 per cent of all the residences in the area. Other popular forms of housing vary from neighbourhood to neighbourhood, but apartments and duplexes tend to be the most common.

Although Terwillegar is slightly remote due to its southwestern location in the city, getting around shouldn't be a problem, especially for those who have vehicles. The neighbourhood is geographically linked to both Anthony Henday Drive and the Whitemud freeway, making it a fairly modest trip, even to opposite ends of the city.

Kuehn says the completion of the Century Park LRT station, which is scheduled to be finished in late April, will really change transit for the community.

"Certainly taking a bus straight down 23 Avenue and being able to get on the train will be appealing to many people," Kuehn says, especially for people who work downtown or attend the University of Alberta.

"I wouldn't say it's a necessity to have a car," Kuehn adds, although she admits it is beneficial when temperatures are low.

A home in Edmonton's southwest Terwillegar neighbourhood.

Facts and figures

- Total population: 22,737
- Nearby landmarks: Anthony Henday Dr., Whitemud Dr., South Edmonton Common, Fort Edmonton Park (Whitemud west on Fox Dr.), Snow Valley Ski Club
- Most common housing: single-family homes.

METRO NEWS SERVICES

Metro asks: Why do you live here?

- "It's safe and it's a nice place," says Krista Winkler.

- "It's a beautiful community," says Tara Burton. "There are many things to do, such as the dog park. The people are friendly and it's very convenient."

- "It's outside of the downtown area," says Ian McDonald. "It's nice to be here; it's like you're out of the city.

- "The trails are excellent. There is an extensive network of trails and the scenery is gorgeous," says David Ray.

CODIE McLACHLAN/ FOR METRO EDMONTON

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Riverbend Square
M&M MEAT SHOPS

Despite the name, M&M Meats in Riverbend Square has a lot more on its menu to offer to customers than frozen meat.

With items ranging from vegetables to desserts, franchisee/owner Darcy Hans explained that meat is just the tip of the iceberg.

"It's a million meal ideas all in one aisle," said Darcy. "We have everything here (including) vegetables, fruits and meats and I think that's one thing people don't realize. For people who aren't familiar, they see the name and think we're only a meat store. "

Darcy bought the store 10 years ago and he lists the costumer service as a big reason that the store has been able to remain a fixture in the Riverbend neighbourhood.

"That is the difference between us and the bigger corporations," said Darcy. "Here it's one-on-one, we can provide help with figuring out what to buy."

Darcy listed flash freezing, a process where food is frozen at its peak state to retain the food in its prime, as one of the key reasons the customer base is so loyal to the store, something he is both thankful and grateful for.

"It's the customers that make the difference," said Darcy. "How the food is processed and customer service are the cornerstones of the store."

Darcy has returned the favour to the customers for their support and was nominated by the Riverbend Community League as the Volunteer of the Year in 2007 for his work in the community.

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Development diversity key in southwest

CODIE McLACHLAN
for Metro Edmonton

Terwillegar's proximity to two major Edmonton freeways makes it a desireable place to live, and housing is going fast.

Terwillegar is made up of several subdivisions: Haddow, Hodgson, Terwillegar Towne, Terwillegar South, Magrath Heights, Leger and MacTaggart, each with developments by a multitude of developers.

South Terwillegar, an affordable housing development built by local developer MLC, is located just south of 23 Avenue. The development is made up of single-family homes, duplexes and apartment buildings, and according to the community's website, is already sold out.

> **"There is opportunity to build new homes there as well as resale."**
> Ann Kuehn, Terwillegar Community League president

"Magrath and MacTaggart probably have the highest availability (of housing) because those communities are still filling out," Terwillegar Community League president Ann Kuehn says.

"There is opportunity to build new homes there as well as resale."

Kuehn adds that the price point in those neighbourhoods is higher because the developments are a bit more fancy.

"We definitely carry a very strong variety of demographics," Kuehn says, noting that there are starter homes in Terwillegar Towne, the community she lives in.

According to Kuehn, the price point for a single-family home in Terwillegar can range from a starter home price of around $340,000 all the way up to a few million dollars.

The developments are laid out in a suburban style, with named streets and winding roads that don't follow the usual layout of numbered city streets, so finding one's way around without a map might be confusing.

The 2009 municipal census data states that the vast majority of people living in Terwillegar own their own homes; an average of approximately 89 per cent of the homes in all the communities covered by Terwillegar are owned rather than rented.

Terwillegar is made up of several subdivisions: Haddow, Hodgson, Terwillegar Towne, Terwillegar South, Magrath Heights, Leger and MacTaggart, each with developments by a multitude of developers.

South Terwillegar, an affordable housing development built by local developer MLC, is located just south of 23 Avenue.

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Just a teenager
Terwillegar is a newer neighbourhood with all residential construction occurring after 1995. **WIKIPEDIA.COM**

No crazy nightlife, no problem

Plenty of fun to be had in Terwillegar, just don't expect to be staying out all night

CODIE MCLACHLAN
for Metro Edmonton

Terwillegar is a quiet but growing community located off the Whitemud in Edmonton's southwest. A beautiful ravine leads to a dog park, which can be a wonderful way to spend a weekend afternoon. But is there a nightlife?

"Not really," says Terwillegar resident Dawn Harrison, and she isn't sad about that. "People don't really want bars and pubs that stay open until four in the morning."

"This is suburbia," she adds.

The lack of a nightlife doesn't mean nothing goes on, however. The Terwillegar Community League does plan events and gatherings for the community.

"We have different annual events," community league president Ann Kuehn says, including a spring festival, a family day festival and Christmas events. "We try to do as many things as we can for families that have an opportunity to get out together."

Kuehn adds that there are plans to build a movie theatre on the west side of Anthony Henday Drive. Although this location isn't part of the actual Terwillegar neighbourhood, it will be located right on Terwillegar Drive.

Winter-loving residents are also only seconds down the Whitemud from the Snow Valley Ski Club.

Residents who crave live music but don't want to travel far can also visit Fresh Start Bistro, a bakery-style restaurant located in Riverbend Square.

The award-winning bistro hosts a live music night every Friday.

"We bring in a variety of musicians, from single musicians to trios, four-piece bands, jazz music, classical, blues, folk music," says Dave Dornn, who owns the eatery. "It's a wide variety."

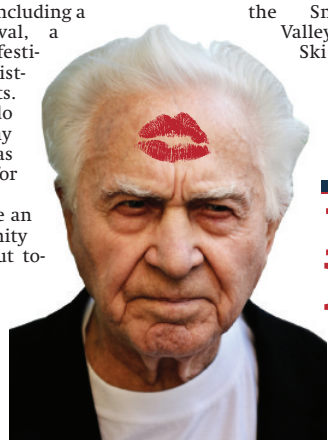
Dornn also notes that while sound levels can vary from act to act, they try to keep it at a level that people can talk over. The coffee shop is also available for private functions.

Terwillegar may not be a nightlife community, but Fresh Start shows that you don't need to be loud and rowdy to support local arts.

> **"People don't really want bars and pubs that stay open until four in the morning. This is suburbia."**
> Dawn Harrison, Terwillegar resident

CODIE MCLACHLAN/FOR METRO EDMONTON

The Fresh Start Bistro brings in live music every Friday night.



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Locals hope for more public transit

CODIE MCLACHLAN
for Metro Edmonton

Terwillegar's proximity to two major freeways in Edmonton makes it easy for residents to get to any place in the city, provided they have a car.

Transit options, however, are still being worked out by the city, but residents are looking forward to the completion of the LRT line in Century Park, just north of 23 Avenue, which, according to the City of Edmonton, will become operational in April 2010.

"We've seen a lot of increase [in public transit] with the Leger transit centre opening," says Ann Kuehn, president of the Terwillegar Community League, noting that the transit centre is near the new Lillian Osborne High School in Leger and the Terwillegar Recreational Centre, which is scheduled to open in late fall of this year.

"We certainly have seen an increase in buses and such going through our neighbourhood," Kuehn says.

Kuehn also notes that there aren't any buses that go directly to West Edmonton Mall or Southgate in the area and that transit riders often have to transfer at the Heritage transit centre.

"It's kind of hard to get around," says Anna Harrison, a resident of Terwillegar and student at the University. "If you don't have a car you have to take the bus and they're all really indirect from here."

Another bit of infrastructure that has been frustrating to residents is Terwillegar Park Road, which leads to a dog park and nature paths along Edmonton's river valley. The road was recently closed due to the spring thaw which made it impassable. The road is set to be paved by the city starting in July.

Residents can also look forward to the completion of the Terwillegar Community Recreation Centre this fall. The centre, which is located in the Leger District Park on Terwillegar Drive and 23 Avenue, will boast a long-course swimming pool, a wave pool, four ice rinks, a variety of fitness areas and a jogging track.

"We're really excited," Kuehn says, explaining that parents with younger children have to drive a long distance to get to the nearest rec centres.

"With small children, we're driving out to Sherwood Park or St. Albert. It has that all-encompassing resource where kids can swim or have indoor playgrounds."

"That facility hasn't really been in our proximity, so we're really excited to have that within walking or biking distance," Kuehn adds, noting that residents have been waiting for years for such an amenity to come into place and people are really looking forward to it.

> **"It's kind of hard to get around. If you don't have a car you have to take the bus and they're all really indirect from here."**
> Anna Harrison, Terwillegar resident

CODIE MCLACHLAN/FOR METRO EDMONTON

Terwillegar is close to two major freeways, but if you don't have a car, transit options are limited.

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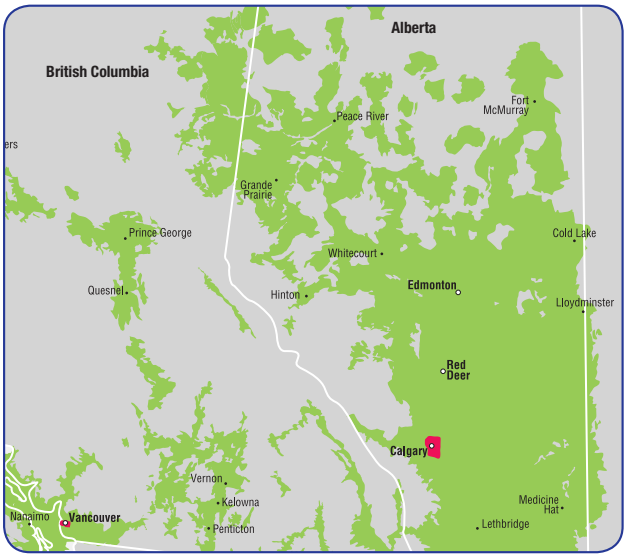

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WEST END

5 - 14220 Yellowhead Trail
14903 118th Ave.
10429 178th St.
17508 Stony Plain Rd.

NORTH

9624 165th Ave.
12714 137th Ave.

SOUTH

5912 104th St.
10309 34th Ave.
5926 99th St.
8708 51st Ave.
4515 Gateway Blvd.

Fort Saskatchewan

9542 86th Ave.
9914 103rd St.

Leduc

112 - 5906 50th St.
5205 50th Ave.

Sherwood Park

Sherwood Park Mall
162 - 26 Strathmoor Dr. (Road King)

Spruce Grove

Westland Market Mall
30 - 96 Campsite Rd.

St. Albert

St. Albert Centre
30 - 200 St. Albert Rd.
20 Muir Dr.

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5-year fixed mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
5.25%	5.25%	5.49%	5.85%	3.89%	5.25%	5.25%	5.25%	3.64%

Rates may vary by province; check RateSupermarket.ca for the best rates in your area.

RateSupermarket.ca
Canada's rate comparison website

Metro Homes

Clean up time of year

This week Metro Homes will be focusing on starting anew, just like the current season, spring. With spring time upon, that means it's time to tidy up all the clutter that's been clanging around the house in the winter months. So grab a broom and enjoy.

EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

5-year variable mortgage rates
PROVIDED BY RATESUPERMARKET.CA

BMO	CIBC	HSBC	ICICI	ING	RBC	Scotia	TD	Broker
2.10%	2.25%	2.25%	3.50%	1.85%	2.10%	2.10%	2.10%	1.75%

Creative storage for spring cleaning

DecorMoment

Karl Lohnes

metronews.ca/decormoment

I recently visited a friend's condo who showed me a spare bedroom that she had transformed into a large dressing room. In her magical room she could have shoes, hats, belts, jewellery and all of her clothing on display. Most of us can't afford such luxuries as extra rooms, time or the money to create such an extravegancy for our wardrobe. There are however a few places around the house that can offer up organized storage to keep our lives a bit more orderly, especially as we all start cleaning up this spring.

SUBMITTED PHOTO

Be creative when finding extra storage space in your home.

Bedroom:

Adding floor-to-ceiling, built-in cabinetry on each side of your bed will replace night tables and offer as much storage as four dressers. Keep the cabinetry open at bed height for easy access to a lamp, alarm clock and books.

Add a second hanging rod in the closet. It will double the hanging space for shirts, pants and jackets.

Install an extra shelf above the top rack in the closet; its a great place to hide away out of season shoes and accessories.

Kitchen:

Filling a wall with decorative floating shelves can display attractive baskets, ginger jars and containers for storage.

Got a blank wall? Try adding some additional cabinetry for storage. Glass doors on top will make them look lighter and less bulky.

Spare bedroom:

Consider a murphy bed; they are great for tucking out of sight when guests are not around and make the room look larger.

If you are not using the closet for clothing, consider turning it into a home office. A few built-in shelves and a simple electrical installation can give you a work station that can be hidden behind doors.

Attic space in a house or 'bonus den' in condos:

As long as you can add a closet you can have a bedroom! I love the open closet project (pictured).

A built-in desk with shelving above will add vertical storage and make use of those weird, unusable spaces.

Don't know where to start? I suggest calling a closet organizer to come for a visit to your home. They will access the space you've got and create an organized oasis for you and all your stuff. Californiaclosets.com is a good place to start as they have professionals in every major city.

Karl Lohnes is passionate about good decor and wants to help you have a beautiful home; no matter what your budget or style.

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show homes coming soon

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6:27 p.m.: your apartment begins to look a little small.

6:28 p.m.
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New Moon a big seller

Summit Entertainment's strategy to release its much-anticipated New Moon DVD on a Friday night — just as the studio did for the release of Twilight's DVD — is paying off handsomely. The studio reports that the DVD of The Twilight Saga: New Moon sold four million units over the weekend. EW.COM

Entertainment

Moving on

Katherine Heigl has left Grey's Anatomy. "I am done," the actress tells Entertainment Weekly. "Everyone had been working really hard to find an amicable and gracious way of letting go and moving on." PEOPLE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

●●●●● A CLASSIC; ●●●● EXCELLENT; ●●● GOOD; ●● FAIR; ● POOR

Breakthrough for the Biebs

Justin **Bieber**

Album: My World 2.0
Label: Universal
Rating: ●●●

IF YOU HAVEN'T felt it already, get ready for a total Justin Bieber onslaught. The Stratford, Ont., native's new disc is the perfect mainstream radio listen — a mix of R&B and pop, with lyrics about teenage love. It's not bad, in that it does what it's supposed to — rope in teenage girls with infectious, but not at all challenging, sounds. The worst parts about this aren't Bieber, it's Ludacris sounding old with a terrible rap on Baby and Sean Kingston's awkward reggae-tinged additions to Eenie Meenie. Bieber's at his best when he sticks to what he knows — singing straight-up teeny pop.

Bryan Borzykowski/for Metro Canada

Goldfrapp

Album: Head First
Label: Mute
Rating: ●●●

AFTER GOING FOLK for 2008's pastoral Seventh Tree, Alison Goldfrapp and Will Gregory have relocated their synths and gone back to their electronic pop roots. But Head First isn't just a return — the duo sounds hungry for the commercial success that abandoned them on their last album. The songs smack of Kylie Minogue were she produced by ELO's Jeff Lynne, leaving Goldfrapp with one platform heel in the '70s and one jelly in the '80s. The simplicity of the songs though disappoints and ultimately undermines their reputation as shrewd songwriters, leaving Head First as a vain attempt to reclaim their place atop the charts.

Cam Lindsay/for Metro Canada

Justin Bieber received help from Ludacris and Sean Kingston on My World 2.0, but is at his best when he sticks to straight-up teeny pop.

Barenaked **Ladies**

Album: All in Good Time
Label: Records/EMI
Rating: ●●●

ANYBODY WHO ACTUALLY thought the Barenaked Ladies would be as good a band without Steven Page was simply dreaming. Page was half the sound, half the spirit, half of everything Barenaked. This is not to say the current four-piece is only half the band that we grew to know and love. The one thing nice about Page's departure is that it has pushed the songwriting talents of Jimmy Creegan (I Saw It) and Kevin Hearn (Another Heartbreak) more to the front. Still they are no match for Page's soaring vocals. In reality, this is now Ed Robertson's band. His opening single You Run Away, written directly at his old friend Page, is the album's strongest track. It's a great track, showing an unfamiliar dark side of Robertson. Unfortunately, nothing else on the CD has the same impact.

Graham Rockingham/for Metro Canada

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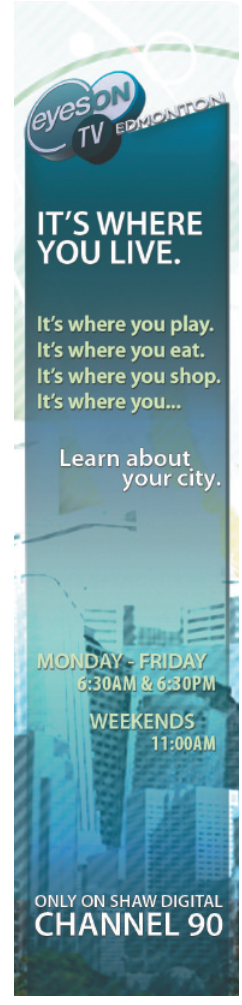
ED	C		B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/25/10	2	CFRN	239	318	The Vampire Diaries (N)		Flashpoint (DVS)		CSI: Crime Scene Investigat'n		Grey's Anatomy (N)		CTV News
	3	KHQ	-	370	News	Millionaire	Jeopardy! (N)	Wheel Fortune	Community (N)	Parks/Recreat	The Office (N)	30 Rock	Marriage Ref
	4	CBXT	-	307	Wheel Fortune	Jeopardy! (N)	The Nature of Things (N)		Love, Hate and Propaganda		CBC News: The National		The Hour
	6	KREM	-	372	Basketball	College Basketball NCAA Tournament, Regional Semifinal: Teams TBA.					Access H.	Paid Program	The Doctors
	7	CKEM	241	347	Law & Order: Special Victims		The Marriage Ref (N)		Community (N)	Parks/Recreat	On Purpose	30 Rock	EP Daily
	8	CITV	240	339	ET Canada	Entertainment	90210 (HDTV) (N)		Bones (HDTV)		The Office (N)	Tucson	News Hour
	11	OMNI	-	-	King/Queens	The Simpsons	Omni News: S. Asian Edition		Omni News: Cantonese Edition		Two/Half Men	Two/Half Men	Coach
	13	KXLY	-	371	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	FlashForward (HDTV) (N)		Grey's Anatomy (N)		Private Pract.
	16	KAYU	-	373	The Office	Raymond	Two/Half Men	Two/Half Men	Bones (HDTV)		Fringe "Jacksonville"		News
	22	KSPS	-	374	PBS NewsHour (N)		Playing for the World		Sherlock Holmes Mysteries		MI-5 Terror threat.		Soundstage
	24	WTVS	-	364	(6) *A Queen Is Crowned*		Red Green	Red Green	Magic Moments: The Best of 50's Pop				Pat Boone
news	15	CBCN	502	-	CBC News: The National		The Nature of Things		CBC News: The National		CBC News: The National		Nature/ Things
	21	TWN	505	398	(5) EarthWatch One		EarthWatch One		EarthWatch Two				
	27	CNN	500	500	Larry King Live (N)		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	54	CTVN	501	391	CTV News Tonight		CTV News	CTV News	CTV News	CTV News	CTV News	CTV News	CTV News
	70	BNN	504	508	Squeeze Play		Business News	Commodities	Market Call Tonight		Headline	Commodities	Squeeze Play
sports	20	TSN	400	400	Poker	Curling 2010 World Women's Championship: Canada vs. Scotland. From Swift Current, Sask.						SportsCentre	Poker
	23	net	408	418	NHL Hockey	Sportsnet Con.	Sportsnet Connected (N)		Hockey Central	UFC Primetime	Sportsnet Connected (N)		Flames, Hour
	47	SPEED	417	406	Bullrun (HDTV)		Bullrun (HDTV) (N)		Pass Time	NASCAR Hub	Fast Track to Fame (HDTV)		NASCAR
	94	SCORE	410	403	Basketball	College Basketball NCAA Tournament, Regional Semifinal: Teams TBA.					Score Now		Score Now
family	9	EDACC	267	351	Alberta Primetime (Live)		(8:01) Private Practice		FlashForward (HDTV) (N)		Fringe "Jacksonville"		Primetime
	14	YTV	552	543	iCarly	To Be Indie	iCarly	True Jackson	Malcolm-Mid.	Malcolm-Mid.	8 Simple Rules	What I Like	Family Biz
	17	TREE	553	546	Franklin	Babar	Little Bear	Toopy & Binoo	Max & Ruby	Dragon (DVS)	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	42	TOON	555	545	Jimmy Two	Johnny Test	Stoked (N)	Total Drama	Majority Rules	6TEEN	Futurama	King of the Hill	*The Matrix*
	45	FAM	557	541	Han. Montana	Wizards-Place	Sonny Chance	Suite Life	Overruled! (N)	Han. Montana	Wizards-Place	Latest Buzz	Ned's School
cable variety	-	TVA	121	714	TVA nouvelles	Le Cercle (SC)	La Série Montréal-Québec		Dieu merci! (HDTV) (SC)		Juste pour rire (SC)		TVA nouvelles
	18	CMT	575	583	According-Jim	According-Jim	Home Improve.	Home Improve.	Unstable	Unstable	Amer. Funniest Home Videos		Reba
	25	A&E	615	520	The First 48 (HDTV) (N)		Manhunters	Manhunters	Manhunters	Manhunters	(10:01) The First 48		The First 48
	26	MMM	571	581	mmtop10.ca		Pink Floyd: Dark Side		G. Simmons	Wild 'n Out	Pink Floyd: Dark Side		G. Simmons
	29	FOOD	603	561	Extreme Cuisine, Jeff Corwin		Ace of Cakes	Ace of Cakes	Restaurant Makeover		Diner, Drive-In	Unwrapped	Extr. Cuisine
	31	SHOW	617	522	Trailer Park	Trailer Park	Relic Hunter		*Ice Blues* (2008, Mystery) Chad Allen, Sebastian Spence.				Cra$h & Burn
	32	DISC	520	505	Man vs. Wild		MythBusters		Daily Planet		To Be Announced		
	33	SLICE	601	562	Last 10	Last 10	Chop Shop	Chop Shop	ET Canada	Whatever	Real Housewives NYC		Housewives
	34	W	602	567	House-Sell	House-Sell	Supernanny		Love It or List It		Confidential	Confidential	Divine Design
	35	TLC	521	560	Police Women of Maricopa		LA Ink (HDTV) (N)		Police Women of Maricopa		LA Ink (HDTV)		Police Women
	36	BRAVO	620	523	*Everything's Gone Green* ★★★ (2006, Comedy)				Law & Order "D-Girl"		Without a Trace		*Little Voice*
	38	SPIKE	628	584	CSI: Crime Scene Invstgtn.		Disorderly Conduct: Video		MANswers	MANswers	Action: Clash	UFC 111 Coun.	CSI: Crime Scn
	39	AMC	-	-	(6) *Red Planet* ★ (2000, Science Fiction)			*Cutthroat Island* ★★ (1995, Adventure) Geena Davis, Matthew Modine.					Breaking Bad
	40	HIST	522	506	Ancestors	Ancestors	Nostradamus Effect		Jobs in the Danger Zone		Pawn Stars	Pawn Stars	Ancient Dis.
	41	COM	626	547	Just for Laughs		Air Farce	22 Minutes	Corner Gas	Name Is Earl	The Simpsons	South Park	Martin
	43	SPACE	627	528	Smallville "Rabid"		Lost "Ab Aeternio" (N)		InnerSpace (N)	Stargate SG-1 Robots.		Star Trek: Next Generation	
	44	WPCH	294	650	Law & Order: Special Victims		Seinfeld	Name Is Earl	*I Spy* ★★ (2002, Comedy) Eddie Murphy, Owen Wilson.				*I Spy*
	46	OLN	411	457	Oper. Repo	Oper. Repo	Ghost Hunters International		Destination Truth		Oper. Repo	Oper. Repo	Ghost Hunters
	48	TROP	619	525	Planet Soap	Comeback	Reality	Whatever	Family Guy	Family Guy	Seinfeld	Seinfeld	'70s Show
	50	STAR	621	527	The View (HDTV) (N)		The Dr. Oz Show (HDTV)		TMZ	etalk	Access H.	Extra	Dr. Oz Show
	52	HGTV	600	564	House-Bryan	Real Renos (N)	House Hunters	House Hunters	Holmes Inspection		House-Bryan	Real Renos	Holmes/Homes
	65	TLN	700	800	1998 FIFA World Cup		George Lopez	George Lopez	Lopez Tonight		Raymond	Raymond	Paid Program
	92	APTN	269	350	Wapos Bay	By the Rapids	Flame	Moose TV	*Space Cowboys* ★★★ (2000, Adventure) Clint Eastwood, Tommy Lee Jones.				
	93	VISION	261	394	Dead Sea Scrolls		Archaeologist	Unearthed	Jesus and the Gospels		Dead Sea Scrolls		Archaeologist
	100	MTV	581	566	Spring Break Challenges		Taking, Stage	Made	MTV Live	Movie Night	Spring Break Challenges		Taking, Stage
	101	MM	570	580	Video on Trial	Video on Trial	Paul Telner	disBAND	UR11		Muchmusic Countdown		
	102	CPAC	512	396	(6:30) Primetime Politics			Revue	Question Period		Prime.-Politics	Primetime Politics	
	103	VIVA	526	507	The Closer "Next of Kin"		Cold Case "Justice"		Psychic Inv.	Ghostly Enc.	Judging Amy		Missing
	106	RDI	126	730	Le Téléjournal (SC)		RDI économie	Le National	Le Téléjournal (SC)		24 Heures en 60 minutes		Le Téléjournal
	161	SUPER			*Spread* ★★ (2009, Comedy-Drama)			(8:45) *Beach Kings* (2008, Drama) David Charvet.				*The Devil's Tomb* (2009)	

critics'corner

30 Rock
Liz's (Tina Fey) ex-boyfriend Floyd (Jason Sudeikis) returns with big news. After the show's writers play a joke on him, Danny (Cheyenne Jackson) gets a master class in pulling pranks from Jack (Alec Baldwin). Jenna and Tracy (Jane Krakowski, Tracy Morgan) spend a long day listening to Kenneth (Jack McBrayer) tell stories about his childhood. Scott Adsit also stars in the new episode "Floyd."
10:30 PM on CKEM, KHQ

Who Wrote the Dead Sea Scrolls?
For years, the Dead Sea Scrolls, hailed as the archaeological find of the 20th century, were believed to have been written by members of a Jewish sect called the Essenes. Recent research, however, has raised questions about that theory, with some scholars claiming the Essenes never existed. If that's the case, who did write these historically and theologically important manuscripts? This new documentary looks for the answer. 7 PM on VISION



Local food and wines always go well together
Madison's Grill has been making waves with their push to source their food locally, including their supplier farm names on the menu. Why not match local dishes with fine wines from around the world at the March 30 International Winemaker's Dinner? Call 780-401-2222.. CHRISTOPHER THRALL/FOR METRO EDMONTON

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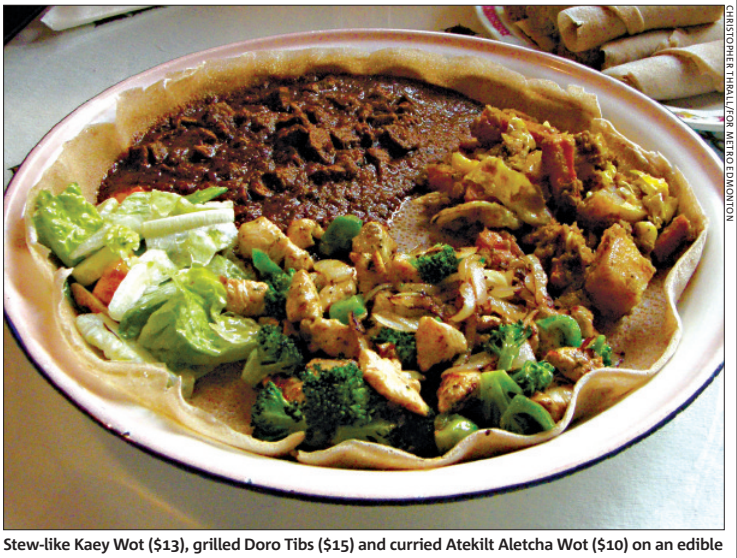
Rating:
Dinner for two: $60
Signature Dish: Anything served on injera
Signature Drink: Ethiopian Caesar ($6.50)


CHRISTOPHER THRALL/FOR METRO EDMONTON

Stew-like Kaey Wot ($13), grilled Doro Tibs ($15) and curried Atekilt Aletcha Wot ($10) on an edible injera platter.

Let's skip the tired old jokes: Yes, there is food in Ethiopia.

It's delicately spiced, communal dishes are served on a sourdough pancake called injera. I ripped strips of the combination side dish-platter-napkin and pinched bite-sized morsels of spicy beef Kaey Wot ($13), grilled chicken Doro Tibs ($15) and filling curried Atekilt Aletcha Wot ($10) into my maw.

Our helpful server guided us through the mystifying menu. We filled the 45-minute wait for our dinner with some delicious samosa-like sambusas ($2.50 each) and I lost my struggle to resist tasting my Ethiopian Caesar ($6.50) before our meal was served. The mitmita rim of red pepper, salt and cardamom was a pleasant addition.

We dove in as soon as our platter arrived, accompanied by a stack of neatly-rolled injera. I tore and pinched at the amazing food until I simply ran out of room. Our server packed up the remainder, as well as the serving injera, which was now soaked with the flavours of all the dishes that had rested on top. That was one killer lunch the next day.

There are some Western-friendly options on the menu, but I was thrilled with my unusual experience. Langano Skies reveals a little slice of northern Africa that many Edmontonians never get the chance to visit.

On the web

- Get recipes and more great food content at metronews.ca/recipes.

Dining out

PATIOS This unexpected March warmth has turned my thoughts to Edmonton's finest summer patios. I can't wait to visit the Secret Garden behind the Dish and Runaway Spoon, hoist a Guinness on top of the Black Dog or take in the best river valley view in the city at the Marriott's Riverside Bistro. Anyone else have favourites? Drop us a line at edmontonurbanfoodie@gmail.com.

LEVA CAFE University students know about it, but they aren't telling the rest of us: Leva Café and Bar is almost too good to be true. They pull perfect espresso shots from a circa-1905 Danesi Italian roaster and their gelato is simply exquisite. However, it's the food that will keep you coming back. Check out levabar.com.

CHRISTOPHER THRALL/FOR METRO EDMONTON

Global Peasant blog online

- Travel along with Diane Thompson's culinary adventures in her Global Peasant blog.
- Check out metronews.ca/globalpeasant for a recipe of Salted Chocolate Mint Sablee Cookies

In brief

LOCAL CUISINE Like the local angle? Until the end of April, visit ten Original Fare restaurants — independent bistros that pride themselves on their unique cuisine — and enter to win a $250 gift certificate. Even the people who don't win get to visit ten excellent local hot spots. Visit original-fare.com. CHRISTOPHER THRALL/FOR METRO EDMONTON

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He's donating money to the starving actor fund

Matt Damon thrilled restaurant staff by leaving a $400 tip. The actor splashed out on a specially-prepared dinner for himself, wife Luciana and some friends at New York nightspot Stanton Social on Saturday, femalefirst.co.uk reports METRO NEWS SERVICES

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Celebrity Buzz

Ex-wife: James a 'serial cheater'

JUST WHEN YOU THOUGHT HE COULDN'T GET ANY SKETCHIER

TMZ is reporting a former high level, female executive with West Coast Choppers settled a sexual harassment lawsuit against Jesse James and West Coast Choppers for more than $700,000 US in 2007, while he was married to Sandra Bullock, according to documents.

Also, James has been branded a "chronic cheater" by his ex-wife, femalefirst.co.uk reports.

Janine Lindemulder — who separated from the motorcycle enthusiast after one year of marriage in May 2003 — insists she wasn't surprised to learn the Monster Garage presenter had bedded tattoo model Michelle "Bombshell" McGee while current spouse Bullock was away shooting The Blind Side.

Lindemulder — who has five-year-old daughter Sunny with James — said: "He's a chronic cheater. I feel sorry for Sandra because she was so in love with Jesse that she was blind and gullible.

"She once said, 'I finally have a man who has my back.' And all I could think was, 'No. You have this man who does it behind your back.'"

Lindemulder claims that James was unfaithful to her soon after they tied the knot and he refused to change his behaviour throughout their union.

METRO NEWS SERVICES

Bragging about boxer beau

HE WILL BREAK YOU Hayden Panettiere admits dating boxer Wladimir Klitschko has been a new experience for her.

"I've never had an athlete as a boyfriend before, and it's an exciting experience," she says, according to Hollyscoop.

"I think it's awesome that he's so athletic, but I'm most fascinated with his intelligence. He's unbelievably clever."

The Heroes star also admits there are added benefits to dating a boxer. "Even though I'm small, I can dish it out too. But I have to admit, I feel really protected with such a strong man by my side," she says. "Now, whenever someone's bugging me, I say: 'Look out, my boyfriend is a boxer!'"

It's good to know the cheerleader may get saved after all. Now let's see if her boyfriend can save her show's flagging ratings too.

METRO WORLD NEWS

Rumoured to design for Ed Hardy

THEY'RE TRYING TO CLASS UP THEIR IMAGE. CLEARLY

After being dropped as artistic director for Emanuel Ungaro earlier this month, Lindsay Lohan has reportedly found a new designer to work with.

Sources say the actress is in talks with the folks at Ed Hardy to design a line of handbags, according to E! News. Lohan has denied the collaboration is taking place.

"Lindsay and the design team at Ed Hardy have mutual friends, and they knew she was interested in looking for a handbag license and partner," a source says. "They thought she'd be a good fit and so did she."

Lohan, however, denies it, posting on Twitter, "I am not designing for Ed Hardy."

However, this wouldn't be the first time Lohan has publicly denied something that later turned out to be true.

METRO NEWS SERVICES

Follow these celebrities on Twitter...

CelebTweets

KE$HA doesn't want a feud with Justin, **MICHAEL IAN BLACK** is sprucing up his speech, and **CONAN O'BRIEN** goes after an older woman.

@keshasuxx dear justin b i am so sorry if my bad joke has hurt your feelings.u r obviouslyso talented andi would never mean to offend u.i think u r rad

@michaelianblack Need to start incorporating, "Oh, Hell no" more into my daily speech.

@ConanOBrien I'm worried health care has pushed my Tour out of the headlines. I'm also worried my anti-delusion pills are wearing off. Need more pills.

METRO NEWS SERVICES

Splitsville for Kardashian, Bush?

SHE SAID HE'D NEVER LOVE HER LIKE US WEEKLY DOES The blogs are abuzz this week that on-again couple Kim Kardashian and Reggie Bush are on the rocks, usmagazine.com reports.

The truth? The two "aren't sure where their relationship will go," a source close to the couple tells the website. Bush, a 24-year-old running back for the New Orleans Saints, and Kardashian, 29, have been dating since 2007.

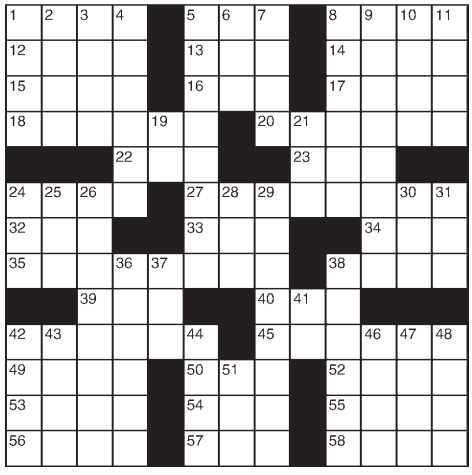
METRO NEWS SERVICES

Today Partly cloudy 7 C / -5 C
Friday Partly cloudy 3 C / -4 C
Saturday Partly cloudy 9 C / -3 C

BT BREAKFAST TELEVISION

Michele McDougall, Weather Specialist & Host – Breakfast Television
"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes." WEEKDAYS AT 6 A.M.

Take Five



ACROSS
1 Ladder component
5 Author Weldon
8 Nowhere near
12 Between ports
13 Cry of revelation
14 Relocate
15 Lima's land
16 Shaft of light
17 Raised
18 Soothing lozenge
20 Lustful leerers
22 Coop denizen
23 Conger, e.g.
24 News
27 Collection plate contribution
32 As well
33 Tic-tac-toe win
34 Actress Farrow
35 Sieve
38 Pauley Perrette's "NCIS" role
39 "Nightmare on — Street"
40 List-ending abbr.
42 Agree to
45 Wes Craven's genre
49 Applaud
50 Chicken-king link
52 11-Down's state
53 Netting
54 Corral
55 Transmitted
56 Small alamanders
57 Blue
58 Benefit

DOWN
1 Engrossed
2 Tech support caller
3 Infamous fiddler
4 Cowboy of the pampas
5 Morning
6 Cry of discovery
7 Toy on a string
8 Spy novel author Eric
9 Wing, for example
10 State with certainty
11 Great American Ball Park team
19 That guy
21 "Golly!"
24 With 25-Down, "— Unusual"
25 See 24-Down
26 Prediction
28 Enemy
29 Tennis stroke
30 Pen point
31 Festive
36 Hebrew letters
37 Mischievous tyke
38 Not this way
41 Infinitive introducer
42 Pinnacle
43 Staff leader?
44 Spigots
46 Comical Caroline
47 Pig's comment
48 Memory method
51 Meadow

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	7	3	2		1			6
		1	6	8	4			
	8		9					
		8				7	3	5
5	4	6				2		
					9		1	
			8	6	3	9		
3			5		2	4	6	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

1	3	9	7	4	8	2	5	6
5	8	7	2	6	1	9	3	4
4	6	2	9	3	5	8	1	7
8	2	1	4	9	7	3	6	5
3	5	4	6	1	2	7	8	9
7	9	6	5	8	3	1	4	2
6	4	3	8	2	9	5	7	1
9	1	5	3	7	4	6	2	8
2	7	8	1	5	6	4	9	3

On the web

For more games and 60 additional daily cartoon strips, visit metronews.ca

Metro Recipe of the Day

PHOTO BY SARAH ROGERS

Nutty Maple Spinach Salad

Submitted by Thelma Ball, Dundas, Ont.

INGREDIENTS:
Dressing:
1/4 cup low-fat mayonnaise
1/4 cup maple syrup
3 tbsp white wine vinegar
2 tsp sugar
1/3 cup vegetable oil

Glazed Nuts:
2 tsp sugar
3 tbsp maple syrup
6 tbsp water
3/4 cup whole walnuts or pecans

Salad
1/4 cup soft goat cheese
1 small bag of baby spinach
1 small red onion
12 thin slices of pickled beet

METHOD:
1. Whisk together mayonnaise, ¼ cup maple syrup, white wine vinegar, sugar and vegetable oil in a small bowl for 2 minutes. Refrigerate.
2. Mix the sugar, 3 tablespoons maple syrup and water in a small pan. Stirring constantly, bring to a slow boil over low heat. Reduce heat and add nuts. Stir to coat. Remove with a slotted spoon and set aside to cool.
3. Wash spinach and dry well. Divide between 4 to 5 salad plates. Top with 3 slices of beet and thin slices of red onion. Crumble soft goat cheese on each salad and top with a generous amount of glazed nuts. Drizzle with dressing.

SERVES 4 TO 5

PREP TIME: 10 MINUTES

20 minute SUPPER CLUB

20 Minute Supper Club helps you get dinner ready in a snap. Sign up for quick and delicious recipes, cooking and food tips. It's free at **20minute supperclub.com**

Horoscopes by Sally Brompton sallybrompton.com

For Sally's expanded daily and weekend horoscopes, visit metronews.ca

ARIES MARCH 21-APRIL 20
You will have plenty to say for yourself today and others would be wise to take note. However, don't repeat yourself on and off for the rest of the day.

TAURUS APRIL 21-MAY 21
Stand back from what you are doing and try to see it from a wider perspective. You are about to embark on an exceptionally busy phase.

GEMINI MAY 22-JUNE 21
You may be eager to get started on something you have been planning for months, but a few more days won't make much difference.

CANCER JUNE 22-JULY 22
The more you try to resolve a family crisis of some kind the more the solution evades you — a most frustrating state of affairs.

LEO JULY 23-AUG 23
Travel and social plans may have to be postponed today but you won't be too disappointed.

VIRGO AUG 24-SEPT 22
Don't give away information about your financial situation, certainly not to strangers and not even to friends.

LIBRA SEPT 23-OCT 23
Good times are coming — you just know it — but you would be wise not to take too much for granted.

SCORPIO OCT 24-NOV 22
You seem strangely subdued at the moment and, if you can, you will quite happily spend some time on your own.

SAGITTARIUS NOV 23-DEC 21
Are you trying too hard? Are you forcing yourself to do things that do not come naturally? Maybe that's the reason for your negative outlook.

CAPRICORN DEC 22-JAN 20
The planets warn if you play safe and take no risks at all you could miss out on an opportunity to move up in the world.

AQUARIUS JAN 21-FEB 18
If your current way of doing things is getting results then don't change it even a fraction.

PISCES FEB 19-MARCH 20
Certain duties or commitments have to be dealt with and there is no way you will be able to wriggle out of them.

This day in history

1306: Robert the Bruce becomes King of Scotland.
1807: The Slave Trade Act becomes law, abolishing the slave trade in the British Empire.
1918: The Belarusian People's Republic is established.
1957: United States Customs seizes copies of Allen Ginsberg's poem Howl as obscene.
1958: Canada's Avro Arrow makes its first flight.
1979: The first fully functional space shuttle orbiter, Columbia, is delivered to the John F. Kennedy Space Center to be prepared for its first launch..

METRO NEWS SERVICES

FUR

RESTYLING EVENT

Edmonton City Center
Thurs. March 25 –
Sat. March 27

Southgate Center
Thurs. April 1 –
Sat. April 3

Call 780-426-1343 to book your personal appointment.

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the Bay